



Supporting Young People & Adults with Learning Disabilities to achieve their full potential...

Community is key

We currently run several community activities at our day centre in Heneage Road as well as at our Caistor site. These include an elderly persons Luncheon Club, retired Deep Water Trawlermans coffee morning, Parent/Carers Support Group and an area wide Social Club for those with learning disabilities and their families.

Our Caistor site also has a community allotment growing organic vegetables, where many devoted volunteers help to manage and maintain the crops. There are also a variety of community groups using the indoor and outdoor facilities.

Prospective Students

We encourage any prospective students to visit us, either with friends, relatives or advocates. We always recommend actually experiencing the day care service, prior to being offered a place. Individual care plan assessments are carefully prepared to meet personal needs of the service user and are structured to offer as much care and support as necessary. The well-being of our students is our primary concern.

For further details of our organisation please visit our website. To make an appointment to visit our Heneage Road site please don't hesitate to get in touch.

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Open: Week days 10am – 4pm

Company Limited by Guarantee No: 6585052.



www.rockfoundation.org.uk



Day Services – Heneage Road site



About Rock Foundation UK

We are a **front-line charitable organisation**, founded in 2009 by our CEO Pam Hodge. Rock was created to provide **new and unique provision** for young people and adults with **learning disabilities** and those who are **disadvantaged**.



It's about our students!

Through a wide variety of practical workshops and supported work placements we aim to help our service users develop independence, life and employment skills. Service users increase their self-esteem and ultimately improve their quality of life.

Being part of the Rock Family is not just about training and work, but also includes a lot of fun and relaxing activities. As well as workshop sessions there is plenty of time for fun together, with indoor and outdoor activities, day trips and other outings.

Workshops & Activities

We have a range of departments and creative workshops that our service users access and participate in:

Admin, Animal Care, Charity Shops, Crafts, First Aid, Gardening, Hair Dressing, IT, Radio Station, Sewing, Tea Rooms, Training Kitchen, Woodwork and much more.

Staff Team

The Rock Foundation employs approximately forty staff whom are all trained in the key aspects of care delivery and have experience of supporting vulnerable people. One on one support is also available where this is highlighted in the individual's care plan.

As a team we aim to help our service users develop life and employment skills, to increase their self-esteem and independence, and ultimately improve their quality of life.

Our staff also benefit from an ongoing training programme and undergo regular supervision and appraisals. Full details of the training undertaken by our staff can be obtained from our management team.



Rock Food Bank Hub

Our food bank provision was developed in 2014, in response to urgent local need, which currently averages 300 service users per day including some referrals from different agencies. Our Food Bank is based at our site on Garibaldi Street in Grimsby and is open: Mon, Wed and Fri from 1pm to 3.30pm.

Our vision for this project is to be able to offer a benefits advice and sign-posting service to other local agencies in the near future.

Our Caistor Site

At the Caistor site we have safe and secure accommodation, providing supported living for up to 12 residents with learning disabilities, as well as day care services that additional students attend.

Service users are supported and encouraged to participate in a range of activities, including serving in the tea rooms and gift shops along with a range of other social enterprise projects, both indoors and outdoors.

Social Enterprise Projects

We have developed a variety of social enterprise projects and have retail sites as well as an Etsy Online Gift Shop, which provide training and volunteering opportunities to our clients, as well as being a means of revenue for our charitable work.

"This is the only place I can go where no-one will make fun of me or bully me, I am accepted for who I am."

Rock Service User

